

FOCS April 2019 Newsletter

Camp Salmen Updates

Join the Friends of Camp Salmen Inc. "Spring Fling" Saturday May 11th from 10 a.m. to 2 p.m. at Camp Salmen Nature Park. There will be music and food along with information of the nature and history of Camp Salmen. Admission is free. Come and take a stroll through the park!

Get Outside

April 10, 17, 24- Northlake Nature Center will be hosting a two hour, light exercise nature walk in the woods. You are invited to take along a pair of loppers to help trim the trails. For more information and to reserve your lopper contact Rue@northlakenature.org.

April 13- This year marks the seventh annual Opening Day for Trails promoted by the Rails to Trails Conservancy. People across the nation will kick off the spring trail season by hitting their favorite trails for a walk, run or ride. Hope to see you on the Tammany Trace!

April 13- COAST Executive Director Julie Agan will ride over 30 miles along the St. Tammany Trace to raise awareness of the importance of senior exercise. She will start at the East St. Tammany Chamber of Commerce located at the Camellia City Farmers Market on Front St. at 9 a.m. She will stop at Bayou Adventure in Lacombe and the Mandeville Trailhead before finishing at the COAST administrative Office in Covington for an "after party". Food and music will be provided. Information regarding programs offered for anyone 60 years of age and older will also be available.

April 14 & May 5th-Work/play dates at Big Branch Marsh Headquarters in Lacombe include clearing trails and general garden maintenance. A light lunch is provided by Friends of La. Wildlife Refuge along with a canoe outing on Bayou Lacombe. For information email Joanne_dolan@fws.gov

April 11, 18, 25-Enjoy "Rockin' the Rails" every Thursday in April at the Covington Trailhead.

April 22-Celebrate Earth Day!

April 30-"Bike the Backtrails" at Northlake Nature Center with David Moeller. Contact Rue@northlakenature.org.